

ABSTRACT

MUHAMMAD FADLAN SYAJIDIN. 2023. *The Relationship of Agility and Speed with the Dribbling Skills of Futsal Players*. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.

Sports can be interpreted as a form of planned and structured physical activity involving various kinds of movements made by the body to improve physical fitness. There are many sports that are popular among the people of Indonesia, one of which is futsal. Futsal is one of the big ball sports played by two teams consisting of five people each. This study aims to determine the relationship between agility and speed with the dribbling skills of futsal players in extracurricular futsal members of SMA N 9 Tasikmalaya. The research method used is the correlational descriptive method. The population of this study was extracurricular futsal SMA N 9 Tasikmalaya which amounted to 20 people. The samples used amounted to 20 people taken by total sampling technique. The instruments used are the Illinois Agility Run, 60-Meter Sprint, and Dribbling Test. Data analysis techniques used person product moment correlation. Based on the results of data processing and analysis, it can be concluded empirically that there is a relationship between agility and speed together with the dribbling skills of futsal players in extracurricular futsal SMA N 9 Tasikmalaya and the results of the hypothesis are accepted. This study emphasizes the importance of agility and speed with dribbling skills in futsal games.

Keyword: *Agility, Dribbling, Futsal, Speed*