

**FAKULTAS ILMU KESEHATAN
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ABSTRAK

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FAKTOR – FAKTOR YANG BERHUBUNGAN DENGAN PERILAKU PEMANFAATAN POSBINDU PTM BAGI PENDERITA HIPERTENSI DI WILAYAH KERJA PUSKESMAS BANTAR TAHUN 2023

Jumlah kasus hipertensi di Puskesmas Bantar menduduki peringkat ke-2 dengan jumlah kasus sebanyak 2.506 kasus. Kemudian berdasarkan data cakupan standar pelayanan minimal penderita hipertensi di Puskesmas Bantar memiliki cakupan terendah di Kota Tasikmalaya dengan persentase sebesar (36,32%). Tujuan penelitian ini adalah untuk menganalisis faktor-faktor yang berhubungan dengan perilaku pemanfaatan Posbindu PTM bagi penderita hipertensi di wilayah kerja Puskesmas Bantar. Penelitian ini menggunakan desain *cross sectional*. Populasi penelitian ini adalah penderita hipertensi di wilayah kerja Puskesmas Bantar yang memanfaatkan Posbindu PTM pada bulan November 2022 sampai Mei 2023 sebanyak 80 orang. Pengambilan sampel penelitian menggunakan teknik *total sampling* sehingga semua populasi penelitian dijadikan sebagai sampel penelitian. Data dikumpulkan melalui proses wawancara menggunakan instrumen kuesioner. Variabel bebas yang diteliti adalah pengetahuan, sikap, dan dukungan keluarga. Variabel terikatnya adalah perilaku pemanfaatan Posbindu PTM bagi penderita hipertensi. Analisis data terdiri dari analisis univariat dan bivariat, menggunakan uji *chi-square*. Hasil penelitian menunjukkan adanya hubungan signifikan pada variabel pengetahuan (*p-value* 0,011, OR 1=2,907, OR 2=5,714) dan sikap (*p-value* 0,000, OR=6,926) dengan perilaku pemanfaatan Posbindu PTM bagi penderita hipertensi di wilayah kerja Puskesmas Bantar. Sedangkan variabel dukungan keluarga tidak berhubungan secara signifikan (*p-value* 0,304) dengan perilaku pemanfaatan Posbindu PTM bagi penderita hipertensi di wilayah kerja Puskesmas Bantar. Saran untuk penderita hipertensi diharapkan dapat meningkatkan pengetahuan dan memanfaatkan Posbindu PTM dalam kehidupan sehari-hari, serta turut berperan aktif dalam program yang telah disusun oleh tenaga kesehatan.

Kata Kunci: Posbindu PTM, Pengetahuan, Sikap, Dukungan Keluarga

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ABSTRACT

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FACTORS RELATED TO THE BEHAVIOR OF USING POSBINDU PTM FOR HYPERTENSION SUFFERERS IN THE BANTAR COMMUNITY IN HEALTH CENTER WORK AREA IN 2023

The number of hypertension cases at the Bantar Community Health Center was ranked 2nd with a total of 2,506 cases. Then, based on data on minimum service standard coverage for hypertension sufferers at the Bantar Community Health Center, it had the lowest coverage in Tasikmalaya City with a percentage of (36.32%). The purpose of this study was to analyze factors related to the behavior of using Posbindu PTM for hypertension sufferers in the Bantar Community Health Center working area. The research adopted a cross sectional design. The population in this study were hypertension sufferers in the Bantar Community Health Center working area who utilized Posbindu PTM form November 2022 to May 2023 totaling 80 people. The research sample was taken using a total sampling technique so that the entire research population was used as the research sample. Data was collected through an interview process using a questionnaire instrument. The independent variables studied were knowledge, attitudes and family support. The dependent variable was the behavior of using Posbindu PTM for hypertension sufferers. Data analysis consisted of univariate and bivariate analysis, using the chi-square test. The research results indicated there were significant relationship between the variables of knowledge (p-value 0.011, OR 1=2.907, OR 2=5.714) and attitude (p-value 0.000, OR=6.926) with the behavior of using Posbindu PTM for hypertension sufferers in the Bantar Community Health Center working area. Meanwhile, the family support variable was not significantly related (p-value 0.304) with the behavior of using Posbindu PTM for hypertension sufferers in the Bantar Community Health Center working area. The suggestions for hypertension sufferers are expected to increase knowledge and utilize Posbindu PTM in daily life, as well as taking an active role in programs that have been prepared by health workers.

Keywords: Posbindu PTM, Knowledge, Attitude, Family Support