ABSTRACT

OKTAVIANI SHINTA. 2023. Efforts to Improve Dribble Ability in Basketball Games through Variations of Dribble Exercises Using the Discovery Learning Model. (Classroom Action Research on Students XI MIPA 2 SMA Negeri 2 Singaparna Academic Year 2023). Department of Physical Education. Faculty of Teacher Training and Education, Siliwangi University. Tasikmalaya City.

The purpose of this study was to determine learning outcomes using the discovery learning model for class XI Mipa 2 SMA Negeri 2 Singaparna in the 2023 academic year. The research method used in this study was a class action research method or PTK, which was carried out in 2 cycles. The object of this study were 30 students in class XI Mipa 2 SMA Negeri 2 Singaparna in one class with 11 male students and 19 female students. Based on the results of research, data processing, data analysis, and hypothesis testing, overall in the pre-cycle the percentage of success was 30% or only about 9 people, in cycle I there was an increase of 43.3% and during cycle II it increased by 90%. Based on the findings of this study, it can be concluded that the use of the discovery learning model in improving dribble learning outcomes for students of class XI Mipa 2 SMA Negeri 2 Singaparna in the 2023 academic year

Keywords: Learning Outcomes, Discovery Learning Model, Dribble