

ABSTRACT

ALMA DEVINA FITRI GUNAWAN. 2023. The Effect of Exercise Modification on Increasing Passing Accuracy in Volleyball at the Tunas Harapan Volleyball Academy, Tasikmalaya City. Departmen of Physical Education. Faculty of Teacher Training and Education. Siliwangi University, Tasikmalaya.

The problem of this research is the lack of accuracy *passing* on the volleyball academy athletes Tunas Harapan Tasikmalaya. This study aims to The Effect of Exercise Modification on Increasing Passing Accuracy in Volleyball at the Tunas Harapan Volleyball Academy, Tasikmalaya City. The research method used in this study is the experimental method. The population in this study was the Tunas Harapan Volleyball Academy, Tasikmalaya City, Tasikmalaya City, number 40 people, the sample writer set as many as 20 people. The sampling technique was carried out randomly or randomly. Based on research results, data processing in research uses experimental methods, with data analysis in this study, the authors use statistical formulas from books written by Sudjana, Nana (2012) as well as from the results of statistics course lectures, and test the hypothesis of research data using t test that the value of t_{count} amounting to 6.84 up to t_{count} greater than t_{table} and is outside the area of acceptance of the hypothesis (t_{table} of 1.73). meaning that Exercise with Changes in Weight and Ball Size significantly affects the increase in accuracy *passing* at the Tunas Harapan Volleyball Academy, Tasikmalay City. means hypothesis (p_a) is accepted or proven and the null hypothesis is rejected..

Keywords: Drill modification, precision, top passing.