

**FAKULTAS ILMU KESEHATAN
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ABSTRAK

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**GAMBARAN PEMILIHAN ALAT KONTRASEPSI IUD DAN
IMPLAN PADA PASANGAN USIA SUBUR (PUS) DI DESA
PASIGARAN KABUPATEN SUMEDANG**

Keluarga berencana (KB) adalah upaya untuk mewujudkan keluarga berkualitas melalui promosi, perlindungan, dan bantuan dalam mewujudkan hak-hak reproduksi serta penyelenggaraan pelayanan, pengaturan, dan dukungan yang diperlukan untuk membentuk keluarga dengan usia kawin yang ideal, mengatur jumlah jarak, dan usia ideal melahirkan anak, mengatur kehamilan, membina ketahanan dan kesejahteraan keluarga. Tujuan penelitian ini untuk mengetahui gambaran pemilihan alat kontrasepsi IUD dan Implan pada Pasangan Usia Subur (PUS) di Desa Pasigaran Kabupaten Sumedang. Metode penelitian kualitatif dengan analisis deskriptif Informan ditentukan menggunakan *purposive sampling*. Analisis data melalui berbagai tahapan yaitu reduksi data, penyajian data, kesimpulan. Hasil penelitian menunjukkan bahwa sebagian besar PUS belum memahami mengenai keluarga berencana (KB) mulai dari definisi KB, definisi IUD dan Implan, keuntungan serta kekurangan KB IUD dan Implan. Saran untuk PUS diharapkan dapat memanfaatkan teknologi informasi seperti *google* untuk mencari keuntungan dan kekurangan yang akan didapat saat menggunakan KB yang akan digunakan. PUS diharapkan lebih aktif bertanya saat penyuluhan KB berlangsung agar dapat menambah wawasan tentang KB.

Kata Kunci : iud, implan, pasangan usia subur

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ABSTRACT

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DESCRIPTION OF THE SELECTION OF IUD AND IMPLANT CONTRACEPTION FOR COUPLES OF CHILDBEARING AGE IN PASIGARAN VILLAGE SUMEDANG REGENCY

Family planning is an effort to create a quality family through promotion, protection, and assistance in realizing reproductive rights as well as providing the services, arrangements, and support needed to form a family with the ideal marriage age, regulating the number of spacings, and the ideal age. giving birth to children, managing pregnancy, building resilience and family prosperity. The aim of this research is to understand the description of the choice of IUD and implant contraceptives for couples of childbearing age in Pasigaran Village, Sumedang Regency. Qualitative research method with descriptive analysis. Informants were determined using purposive sampling. Data analysis goes through various stages, namely data reduction, data presentation, conclusions. The research results show that the majority of couples of childbearing age do not understand family planning starting from the definition of family planning, the definition of IUD and Implant, the advantages and disadvantages of IUD and Implant. Suggestions for couples of childbearing age are expected to be able to utilize information technology such as google to read for the advantages and disadvantages that will be obtained when using family planning that will be used. Couples of childbearing age are expected to be more active in asking questions during family planning counseling so that they can increase their knowledge about family planning.

Key note: iud, implant, couples of childbearing age