

ABSTRAK

HARY DARMAWAN. 2023. **Perbandingan Pengaruh Metode Latihan *Shooting After Dribble* dengan Latihan *Shooting After Centering Pass* terhadap Hasil *Shooting* dalam Permainan Sepak Bola.** Jurusan Pendidikan Jasmani, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Siliwangi, Tasikmalaya.

Tujuan dari penelitian ini adalah untuk memperoleh informasi tentang perbandingan metode latihan *shooting after dribble* dan latihan *shooting after centering pass* terhadap hasil *shooting* dalam permainan sepak bola pada SSB Samudra Gemilang Kabupaten Pangandaran. Metode penelitian yang digunakan adalah metode eksperimen dan instrumen dalam penelitian ini adalah tes *shooting* dalam permainan sepak bola. Populasi dalam penelitian ini adalah siswa SSB Samudra Gemilang Kabupaten Pangandaran dengan menggunakan teknik *sampling jenuh* sebanyak 20 orang. Berdasarkan hasil pengolahan data dengan uji statistik dengan didukung oleh data hasil penelitian dengan menggunakan t_{hitung} sebesar 1,63 berada di luar daerah penerimaan hipotesis (t_{tabel} sebesar 2,10). Ternyata secara empirik metode latihan *shooting after dribble* dan latihan *shooting after centering pass* sama berpengaruhnya terhadap hasil *shooting* dalam permainan sepak bola pada siswa SSB Samudra Gemilang Kabupaten Pangandaran.

Kata Kunci : Latihan, metode latihan *shooting after dribble*, metode Latihan *Shooting After Centering Pass*, sepak bola, *shooting*

ABSTRACT

HARY DARMAWAN. 2023. *Comparison of the Effect of the Shooting After Dribble Training Method and the Shooting After Centering Pass Exercise on Shooting Results in Football Games.* Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.

The purpose of this study was to obtain information about the comparison of the shooting after dribble training method and the shooting after centering pass training on shooting results in a soccer game at SSB Samudra Gemilang, Pangandaran Regency. The research method used is the experimental method and the instrument in this study is the shooting test in a soccer game. The population in this study were students at SSB Samudra Gemilang, Pangandaran Regency using a saturated sampling technique of 20 people. Based on the results of data processing with statistical tests supported by research data using t -count of 1.63 is outside the area of acceptance of the hypothesis (t table of 2.10). It turns out that empirically the shooting after dribble training method and the shooting after centering pass training have the same effect on shooting results in soccer games for SSB Samudra Gemilang students, Pangandaran Regency.

Keywords: *Training, shooting after dribble training method, Shooting After Centering Pass training method, football, shootin*