ABSTRACT

LINA ALAWIYAH. 2023. Application of the Project Based Learning Model for Improving Dribbling Learning Outcomes in Football Games. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.

The purpose of this study was to determine the increase in learning outcomes of dribbling soccer games through a project based learning model in class VII H students of State Junior High School 14 Tasikmalaya. This study used the Classroom Action Research (CAR) model, carried out in 2 cycles. The research procedure consists of the stages of planning, implementing, observing and reflecting. The research subjects for class VII H students at State Junior High School 14 Tasikmalaya consisted of 32 students (15 men and 17 women). The object of this research is the result of learning to dribbling in a soccer game through a project based learning model. The research instrument applied cognitive tests and psychomotor tests to the Learning Implementation Plan (RPP). The results showed that there was an increase in the learning outcomes of dribbling soccer for class VII H students of State Junior High School 14 Tasikmalaya with a project based learning model.

Keywords: Dribbling, Learning Outcomes, Project Based Learning Model.