

ABSTRACT

TAUPIK HIDAYAT. 2023. *The Effect Of Small Sided Games Exercises On Passing Control Skills In Football Game* (Experiments on students of SSB PERSEKAC FC U-15, Tasikmalaya Regency). Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.

The background of this research is the SSB Persekac Tasikmalaya players, where it can be said that during a match the players are out of position, lack control over the flow of the game, game transitions do not support the player's passing control abilities. The purpose of this study was to obtain information about the effect of small sided games training on passing control skills in football games at SSB Persekac U-15, Tasikmalaya Regency. The research method used is the experimental method. The population in this study was SSB Persekac, Tasikmalaya Regency, with a total of 67 people. The sample used was a purposive sampling technique, namely taking the sample determined or needed by the researcher (children aged 15 years). This shows that the Small Sided Games Exercise has a significant effect on increasing Passing Control for SSB Persekac U-15 Tasikmalaya players. Based on the results of this study, the authors suggest to various parties related to the field of sports, especially with the sport of football, that they should always try to improve passing control, because passing control is needed by players, especially to master the game.

Keywords: Small Sided Games Exercise, Passing Control

