ABSTRACT

ELIS WASILAH. 2023. Comparison of the Effectiveness of Dwi Hurigi and Dwi Chagi's Kicks in Getting Points. Department of Physical Education. Faculty of Teacher Training and Education. Siliwangi University. Tasikmalaya.

In taekwondo there are many kicking techniques that can be used during a match, but the effectiveness of all these kicks is unknown, one of which is dwi hurigi and dwi chagi. The purpose of this study was to compare the effectiveness of the dwi hurigi and dwi chagi kicks in earning points. The method in this research uses descriptive method. The population of this study were all senior athletes who took part in the Pengcab Cup 2 Championship in Tasikmalaya City, the sampels used were the semifinals and finals in the senior achievement class. Based on the results of the research conducted, the dwi chagi kick is effective with the highest percentage being 100% and the lowest percentage being 50%, and the dwi hurigi is also effective in generating points, with the highest percentage being 100% and the lowest percentage being 0%, but the dwi chagi kick is more effective in generating points in the Tasikmalaya City Pengcab 2 Chair Cup championship, as evidenced by the results of testing using the Z Test with results of 1.92 > 1.64.

Keywords: Effectiveness, Kicks, Points Results.