

ABSTRACT

Dalla Nur Alam, 2023, The Effect of Target Practice on Smash Accuracy in Badminton Games. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.

The purpose of this study was to obtain information about the effect of target training on smash accuracy in badminton games for badminton extracurricular students at SMP Negeri 8 Tasikmalaya City in the 2022/2023 academic year. The research method used is a quantitative experimental method. The population is 20 students and uses the entire population as a research sample of 20 students. Based on the results of the research, data processing, data analysis, and hypothesis testing, it can be found that there is a significant influence in target practice on smash accuracy in badminton extracurricular student badminton games at SMP Negeri 8 Tasikmalaya City in the 2022/2023 academic year.

Keywords: Badminton, Smash accuracy, Target practice